



The Legstraps Menu

<https://menulist.menu>

20 Keeley Lane Wootton Bedford, Bedfordshire MK43 9HR, United Kingdom
(+44)1234854112 - <http://www.thelegstraps.co.uk>



The place from [Bedford](#) offers 105 different **meals and drinks on the list** at an average price of £11, and here you can find all the 105 meals and drinks on their menu. What [User](#) likes about The Legstraps:

Excellent all round. The service was good, the staff were friendly and helpful. Our sandwiches were very tasty and a good size with plenty of filling. However, the chips stole the show, truly superb. Crispy on the outside and so soft on the inside. Honestly, some of, if not the best chips I have had(after my Nans, but none come close to hers). Great lunch all round. What [User](#) doesn't like about The Legstraps:

It was OK. Sort of 4/10. Service mediocre but better than the food. Didn't warrant a complaint but was close. Given other reviews on here, it was disappointing. Wouldn't return and wouldn't recommend. Far better pub-restaurants out there. Due to the extensive diversity of **coffee and tea specialties**, a visit to The Legstraps becomes even more attractive, the visitors love having the opportunity to follow the latest games or races on the big TV in this *sports bar*, in addition to enjoying food and drinks. The burgers of this gastronomies are among the highlights of The Legstraps and are usually served with sides such as fries, salads, or wedges, the dishes are usually prepared for you in a short time and fresh.

The Legstraps Menu



Salads

CHICKEN CAESAR SALAD

Strictly packed chopped romaine lettuce |
pound cooked boneless skinless chicken
breasts, cut into strips | CRACKER
BARREL Finely Shredded % Parmesan
Cheese | seasoned croutons | CRAFT
Creamy Caesar Dressing

\$17.1

Desserts

DARK CHOCOLATE BROWNIE \$6.3

Appetizers

TERRINE OF THE DAY \$8.9

Soups

SOUP OF THE DAY \$6.7

Gnocchi

GNOCCHI
onion | ham | garlic | milk | parmesan | ...

Seafood

PRAWNS

Fajitas

MARINATED STEAK

Sushi menus

STARTER

Cakes

GLUTEN FREE DARK CHOCOLATE
BROWNIE \$6.3

Krusten-und schalentiere

BLACK TIGER PRAWNS \$8.9

White wine

KUNG FU GIRL RIESLING, USA

Sizzlers

SEA BASS FILLET \$17.8

Meals

BEER BATTER FISH OF THE DAY \$17.1

Rose

THE BULLETIN ZINFANDEL ROSÉ, USA

Red

CEPPAIANO CHIANTI, ITALY

Champagne & sparkling

JEIO ROSÉ NV ITALY

Featured wine

UNABLE TO DECIDE? THEN TRY A
FLIGHT OF ALL THREE \$12.0

Sushi or sashimi

MACKEREL

Starters & shareables

CIDER BRAISED PORK BELLY \$17.8

Gastro burgers

HOMEMADE BEEF BURGER \$15.8

The Legstraps Menu

Coffee

COFFEE

Fizz

PALMER CO BRUT RESERVE,
CHAMPAGNE

Collection

SLOW ROASTED PORK BELLY \$17.1

Dry, fresh and crisp

SATELLITE SAUVIGNON BLANC, NEW
ZEALAND

Light & crisp

GABLE VIEW SAUVIGNON BLANC,
SOUTH AFRICA

Fresh & fruity

THE PADDOCK CHARDONNAY,
AUSTRALIA

Drinks

DRINKS

Dessert wines & cocktails

VALDIVIESO ECLAT BOTRYTIS
SEMILLON, CHILE

Kalared xo menu (minimum 2 persons)

MAIN COURSE

Appetizers (3pd)

SEAFOOD CHOWDER \$8.9

British picnic platter

BRITISH PICNIC PLATTER \$19.0

Royal christmas menu

CONFIT DUCK LEG \$19.7

From the josper charcoal oven

RUMP

All yummy

BEER BATTERED FISH OF THE
DAY \$17.1

Portrait's specials

WHOLE LEMON SOLE \$24.1

Mains

TRIO OF SAUSAGES \$15.2

ROASTED CHICKEN SUPRÈME \$17.8

Main courses

CHICKEN CLUB

COD

Fish dishes

FISH AND CHIPS

gold trout roe | potato chips | sour cream or as
required | fresh chives

SALMON

g flour | Warm Water | G Instantly Dried
Yeast | Oil Soup | Table tablespoon sugar | \$15.8

...



The Legstraps Menu



Starters

GRILLED MACKEREL FILLET \$8.2
SEAFOOD PLATTER

Main

PIE OF THE WEEK \$15.8
ROAST CHICKEN SUPREME \$17.8

Open sandwiches

PANKO BREAD CRUMBED MACKEREL
FILLET, HORSERADISH BUTTER
ROASTED BUTTERNUT SQUASH,
SPINACH, RICOTTA

Rosé wine

OPERETTO GARGANEGA PINOT GRIGIO
BLUSH VENETO IGT ITALY
ROSE DE L'HOSPITALET, FRANCE

Sparkling wine & champagne

JEIO PROSECCO VALDOBBIADENE
BRUT NV ITALY
BARON DE VILLEBOERG BRUT NV
CHAMPAGNE

Sweet wine

DE RIVESALTES, FRANCE
MAURY, FRANCE

Rich and smooth

STONE BARN CABERNET SAUVIGNON,
USA
ESQUINAS DE ARGENTO MALBEC,
ARGENTINA

Aromatic and intense

MAMORA VERMENTINO DI SARDEGNA,
ITALY
PICPOUL DE PINET, LA COTE FLAMENC,
FRANCE

Fruity and rich

THE SPEE'WAH CROOKED MICK, PINOT
GRIGIO, AUSTRALIA
GARZON ALBARIÑO, URUGUAY

Great with food

JOURNEYS END HUNSTMAN, SHIRAZ
MOURVEDRE, SOUTH AFRICA
DINASTIA VIVANCO RIOJA RESERVA,
RIOJA, SPAIN

Red wines

FINCA VALERO TEMPRANILLO
GARNACHA, SPAIN
LITTLE EDEN PINOT NOIR, AUSTRALIA
VALDIVIESO SINGLE VINEYARD
CARMENERE, CHILE

Simple, easy and fresh

LA PICOUTINE CARIGNAN GRENACHE,
FRANCE
SAN ABELLO MERLOT, CHILE
MACON ROUGE DOMAINE DUPRE,
BURGUNDY, FRANCE

Restaurant category



BBQ

Flour | Egg Piece | Milliliters Of Oil |
Milliliters Of Water | Yeast | ...

VEGAN

DESSERT

The Legstraps Menu



Dishes are also prepared with these ingredients

POTATOES

SEAFOOD

other | fresh parsley | Cloves of garlic | other | other | ...

MEAT

white pepper | black olives | black pepper | dried basil | dried oregano | ...

White

KUDU PLAINS CHENIN BLANC, SOUTH AFRICA

TUFFOLO GAVI, ITALY

CUATRO RAYAS VERDEJO, SPAIN

VIOGNIER DE L'HOSPITALET IGP D'OC, FRANCE

To follow

28 DAY DRY AGED 8OZ SIRLOIN STEAK \$27.9

GARLIC AND ROSEMARY ROASTED BUTTERNUT SQUASH \$17.1

ROAST SIRLOIN OF BEEF (COOKED MED RARE) \$17.8

PEA AND WILD MUSHROOM RISOTTO \$16.5

Classic and complex

XANADU EXMOOR DRIVE CHARDONNAY, AUSTRALIA

CHABLIS, DOMAINE DES MARRONNIERS, BERNARD LEGLAND, BURGUNDY, FRANCE

SANCERRE LES CHAILLOUX, DOMAINE FOUASSIER, LOIRE VALLEY, FRANCE

POUILLY FUISSE DOMAINE TROUILLET, BURGUNDY, FRANCE \$40.6

Full of fruit

LEGATO NERO D'AVOLA, ITALY

THE OLD PRESS SHIRAZ, AUSTRALIA

BARBERA, RIVA LEONE, ITALY

LAGRIMAS DE GRACIANO, RIOJA, SPAIN

These types of dishes are being served

STEAK

olive oil | lime juice | Cloves of garlic, minced | tuna steaks | fresh mango - peeled, pitched and chopped | ...

LAMB

fresh bread crumbs | minced garlic | freshly chopped rosemary | salt | black pepper | ...

FISH

G Of White Fish (we Took Julienne) | G Flour (there Was Some Leftover) | Eggs | G Breadcrumbs | Olive Oil | ...

DESSERTS

To start

DUCK AND CHORIZO HASH \$8.9

TWO WAY GOATS CHEESE \$7.6

FRESH FOWEY MUSSELS \$8.9

CATALAN FISH STEW \$19.0

LAMB AND CHORIZO HASH \$8.9

GRILLED HALLOUMI NICOISE SALAD \$7.6

The Legstraps Menu



Snacks

DUSTED CALAMARI, CHIPOTLE
MAYONNAISE

HOG SAUSAGE ROLL, BROWN SAUCE

PEPPERONI SCOTCH EGG, SALSA

BEEF AND SMOKED CHEDDAR SLIDER,
BRIOCHE BUN

SOUTHERN STYLE CHICKEN, SWEET
CHILLI DIP

PEPERONATA POTS, ARTISAN BREAD

CHIPS

Dessert

SPICED RUM AND VANILLA CRÈME
BRULEE \$6.3

AFFOGATO ALA CAFFE \$6.3

GUINNESS AND DATE STICKY
TOFFEE PUDDING \$6.3

VANILLA ICE CREAM PEDRO
XIMENEZ \$8.9

ARTISAN ENGLISH SELECTION OF
CHEESES \$9.2

AFFROGATO ALA CAFFE \$6.3

STOUT DATE STICKY TOFFEE
PUDDING \$6.3

SELECTION OF ICE-CREAMS AND
SORBETS \$8.9

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9HR, United Kingdom

Opening Hours:

Sunday 12:00-
22:00
Monday 15:00-
21:00
Tuesday 15:00-
21:00
Wednesday
12:00-23:00
Thursday 12:00-
23:00



Made with menu list menu

The Legstraps Menu

Friday 12:00-

23:00

Saturday 12:00-

23:00

