



## ***The Met Italia Menu***

<https://menulist.menu>  
Metropole Esplanade, Ventnor, United Kingdom  
**(+44)1983855441**



Here you can find the **menu of The Met Italia**, located in Ventnor. Currently, there are 28 dishes and drinks on the menu. You can inquire about **changing offers** by phone. In this Restaurant, you can expect original Italian cuisine with classics like Pizza and Pasta, there are also **delicious** vegetarian food on the menu. Beside them, there are also light **Mediterranean Menus** to choose from, you can also relax at the bar with a **cold beer** or other alcoholic and non-alcoholic drinks. The Tavern also offers a good selection of **spicy tapas**, which are certainly worth a try, the Table guests love having the opportunity to see the newest games or races on the big screen in this **sports bar**, in addition to enjoying food and drinks. The Inn gladly offers you a selection of gluten-free meals, in the restaurant, additionally **vegan Menus** on the menu. Reservations can be made at this Restaurant by phone by calling, contact number: [\(+44\)1983855441](tel:+441983855441).

# The Met Italia Menu



## Non alcoholic drinks

### WATER

## Alcoholic drinks

### BEER

black pepper | bread flour | cabbage | dry yeast | eggs | ...

## Appetizers

### MUSSELS

fresh mussels, scrubbed and debarred | fresh lime juice | Canned unsweetened coconut milk | dry white wine | thai red curry paste | ...

## 10 most popular

### PEPPER

## Pasta

### PASTA WITH CREAM SAUCE

## Pizza

### ITALIAN PIZZA

## Main courses

### BOLOGNESE

a boite de dentelle of lasagne | G Frozen Spinach | G Cream Cheese Or Feta | Grated cheese | Cotton | ...

## Salad

### SALAD WITH PECAN NUTS

Head leaf lettuce, torn into bite-sized pieces | pears - peeled, cored and chopped | Roquefort cheese, crumbled | Avocado - peeled, pitted and diced | green onions in thin slices | ...

## Extras

### CHILI

## Fish dishes

### FISH CROQUETTES

G Of White Fish (we Took Julienne) | G Flour (there Was Some Leftover) | Eggs | G Breadcrumbs | Olive Oil | ...

## Drinks

### GLASS OF WINE

## Lamb

### LAMB

fresh bread crumbs | minced garlic | freshly chopped rosemary | salt | black pepper | ...

## Sauces

### SAUCES

## Pasta - spaghetti

### PESTO

Pumped pastry | 2c. Table tablespoon Pesto (2 to 3 cases) | Parmesan grated | Egg Yolk

## Soft drinks

### LEMONADE

## Al forno\*

### LASAGNE

onion | Other, of a thickness of less than 10 mm | olive oil | The following table summarizes the information: | cheese | ...

## Mexican specialities

### RIBS

## Noodle

### CRAB

# *The Met Italia Menu*



## *Water\**

SODA

## *Pasta Zutaten*

MEATBALLS

plain bread crumbs | milk | olive oil | onion, diced |  
pound ground beef | ...

## *Aperitivos*

TOSTADAS

## *Bakery*

BAR

## *Slushes*

LIME

## *Greens*

MEDITERRANEAN

## *Coffee*

COFFEE

## *Kitchen entrees-tempura*

LOBSTER

tablespoon of sea salt | lobster tails | butter, melted

## *Seafood*

PRAWNS

SQUID

vegetable oil | all purpose flour | salt | dried oregano  
| black ground pepper | ...

# *The Met Italia Menu*



## *The Met Italia*

Metropole Esplanade, Ventnor, United Kingdom

Made with [menulist.menu](https://menulist.menu)

### **Opening Hours:**

Monday 09:30 -23:30

Tuesday 09:30 -23:30

Wednesday 09:30

-23:30

Thursday 09:30 -23:30

Friday 09:30 -23:30

Saturday 09:30 -23:30

Sunday 09:30 -23:30

