



## ***MINT by Eat Green Company Menu***

<https://menulist.menu>

Plot 5A #33 Grace Anjous Dr, Lekki Phase 1, Off Adebayo Doherty Rd , , Lagos , , Lagos, 11111, Nigeria

The **menu of MINT by Eat Green Company** from Lagos includes 72 dishes. On average, **dishes or drinks on the menu** cost around 4,099 ₦. The categories you can **tasty vegetarian menus enjoy**, where no animal meat or fish has been processed, as a snack, the tasteful **sandwiches**, small salads, and other snacks are also suitable. The kitchen of MINT by Eat Green Company also knows many **international dishes**, moreover, the visitors consider the **light and healthy meals** on the menu as some of their most-liked dishes. Fuel yourself for the day with a **fine breakfast** served in the morning, and start your day full and satisfied. The Inn has its own bar with an extensive selection of beverages.

# MINT by Eat Green Company Menu



## Pasta

### SPAGHETTI BOLOGNESE

Meat and meat offal | large white onion, diced | large portobello mushroom, diced, or more to taste | small cans of diced tomatoes | cans of condensed tomato soup | ... \$4.4

## Bestseller

### PANCAKES

baking powder | egg | flour | Margin | milk | ... \$3.7

## Toast

### FRENCH TOAST

butter | eggs | french bread | maple syrup | salt | ... \$3.7

## Seafood

### SQUID

vegetable oil | all purpose flour | salt | dried oregano | black ground pepper | ... \$4.0

## Wraps

BEEF WRAP \$3.7

## Chicken

### GRILLED CHICKEN

Djibon mustard | honey | mayonnaise | steak sauce | skinless boneless chicken breast halves

## Chicken dishes

### BBQ CHICKEN

water | Cabbage | brown sugar | Vinyl | tablespoon of lemon juice | ... \$4.4

## Extra

BASMATI RICE \$0.9

## Rolls

CHICKEN CURRY ROLL \$2.2

## Salad

### CAESAR SALAD

The following table summarizes the results of the study: | parmesan | Toasted | Pepper From The Grinder | eggs | ... \$3.7

## Soft drinks

WATER \$94.0

## Starter

SPICY MEATBALLS \$3.7

## Fingerfood & spicy light soups

FRIED PLANTAIN \$0.9

## Rice & sauces

JOLLOF RICE \$0.9

## Burgers + sandwiches

BLT SANDWICH \$5.0

## Omelettes

VEGETABLE OMELETTE \$3.7

## Püree & salat

SWEET POTATO MASH \$0.9

## Asia tapas | variationen

BEEF SATAY \$2.4

# MINT by Eat Green Company Menu



## Fried rice

### FRIED RICE

Table spoon of butter | Unboned pork loin chop, cut into small pieces | cut carrots | broccoli chopped | green onion, chopped | ... \$0.9

## Satay

### CHICKEN SATAY

creamed peanut butter | I'm Willow | lemon or lime juice | table spoon brown sugar | curry powder | ... \$2.4

## Toasted sandwiches

STEAK AND CHEESE PANINI \$4.4

## Salad and raita

SPECIAL HOUSE SALAD \$3.5

## Pepper soups and local snacks

CROAKER FISH PEPPER SOUP \$3.7

## Special soups

AFANG SOUP \$4.4

## Extra orders

EGG SAUCE \$4.7

## Burgers and more

BARBECUE BACON BURGER \$5.0

## Larger plates

CLASSIC CHEESE BURGER \$4.4

## Non veg

LEMON GARLIC PRAWNS \$5.6

## Collection

KALE SALAD \$4.4

## Shares & sides

YAM CHIPS \$0.9

## Authentic malaysian dishes

### PRAWNS CURRY

rice flour | ground turmeric | salt to taste | pound peeled and de-vened shrimp | cooking oil | ... \$7.2

## Uncategorized

CRISPY CHICKEN & WAFFLE \$6.1

## Burgers

ULTIMATE BEEF BURGER \$4.0

### CHICKEN BURGER

onion | Apple | (including the following) | mustard | honey | ... \$4.0

## Breakfast

TUNA SAUCE \$5.6

BREAKFAST PLATTER \$5.2

## Starters

BEEF OR CHICKEN LETTUCE WRAP \$3.1

SPECIAL WHEAT PLATTER \$5.6

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## Side dishes

### SWEET POTATO FRIES

sweet potatoes, peeled and cut into long French fries | olive oil | seasoning of steak | black ground pepper | garlic powder | ... \$0.9

### FRENCH FRIES

Rosé potatoes, cut into strips of equal size | quart vegetable oil for frying | salt to taste \$0.9

## Kids meniü

HOMEMADE CHICKEN TENDERS AND FRIES \$3.5

FISH NUGGETS WITH FRIES \$3.7

## Pasta/noodles

VEGGIE PENNE \$4.4

CHICKEN AND SHRIMP NOODLES \$5.6

## Salads

### GREEK SALAD

olive oil | red wine vinegar | grated Parmesan cheese | lemon juice | finely chopped garlic | ... \$3.6

### GARDEN SALAD

red wine vinegar | grape seed oil | freshly chopped cilantro | Other, of a width of <= 10 mm | white sugar | ... \$0.9

WARM COUSCOUS SALAD \$3.5

## Specials

SPICY SNAIL \$6.0

SPICY FISH WITH TOMATOES BASIL \$6.9

GRILLED STEAK IN TOMATO SAUCE \$5.6

## Sides

PLAIN COUSCOUS \$0.9

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JOLLOF COUSCOUS \$0.9

IRISH POTATO MASH \$0.9

## Soups

VEGETABLE SOUP  
broccoli | carrot | celery | The leek | olive oil | ... \$2.5

SEAFOOD PEPPER SOUP \$6.9

GOATMEAT PEPPER SOUP \$5.0

CHICKEN PEPPER SOUP \$3.1

## Sandwiches

DOUBLE PROTEIN BURGER \$4.4

SALMON SANDWICH \$5.0

TUNA SANDWICH \$4.4

CHICKEN AVOCADO WRAP \$3.7

## Nigerian dishes

PORRIDGE (YAM OR GREEN PLANTAIN) \$4.4

OIL-LESS SEAFOOD OKRO \$6.0

BITTERLEAF SOUP \$4.4

EWEDU AND GBEGIRI \$4.4

EDIKANG IKONG SOUP \$4.4

## Popular products

CREAMY CAJUN SEAFOOD PASTA \$7.2

CLUB SANDWICH \$3.7

EFO RIRO \$4.4

OFADA RICE AND STEW \$4.4

CREAMY CHICKEN AND VEGETABLE \$5.0

SPICY CHICKEN NOODLE (STIR FRY) \$4.4

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,, Lagos, 11111, Nigeria

### **Opening Hours:**

Monday 10:00 -  
21:00

Tuesday 10:00 -  
21:00

Wednesday 10:00 -  
21:00

Thursday 10:00 -  
21:00

Friday 10:00 -  
21:00

Menu with menu list menu

# ***MINT by Eat Green Company Menu***

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21:0  
Sund  
21:00

